

1	Protect your heart
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PROTECT YOUR HEART

Psalm 107:20 He sent His word and healed them, And delivered them from their destructions. (NKJV)

Luke 5:15 However, the report went around concerning Him all the more; and great multitudes came together to hear, and to be healed by Him of their infirmities. (NKJV)

Luke 6:17-19 And He came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. (NKJV)

1 Corinthians 2:16 For “who has known the mind of the Lord that he may instruct Him?” But we have the mind of Christ. (NKJV)

Losing your mind and being crazed in your wits are part of the curse of the law. Fear makes you vulnerable to these things.

2 Corinthians 4:16 Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. (NKJV)

Proverbs 4:10 Hear, my son, and receive my sayings, And the years of your life will be many. (NKJV)

Proverbs 4:13 Take firm hold of instruction, do not let go; Keep her, for she is your life. (NKJV)

Proverbs 4:18-23 But the path of the just is like the shining sun, That shines ever brighter unto the perfect day. The way of the wicked is like darkness; They do not know what makes them stumble. My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they are life to those who find them, And health to all their flesh. Keep your heart with all diligence, For out of it spring the issues of life. (NKJV)

- attention
- listen (ears)
- don't stop looking at them (eyes)
- keep them in the midst of your heart (thoughts and meditation)

Mark 4:3-8 “Listen! Behold, a sower went out to sow. And it happened, as he sowed, that some seed fell by the wayside; and the birds of the air came and devoured it. Some fell on stony ground, where it did not have much earth; and immediately it sprang up because it had no depth of earth. But when the sun was up it was scorched, and because it had no root it withered away. And some seed fell among thorns; and the thorns grew up and choked it, and it yielded no crop. But other seed fell on good ground and yielded a crop that sprang up, increased and produced: some thirtyfold, some sixty, and some a hundred.” (NKJV)

The seed must get in the ground and it must stay in the ground for it to produce. This is why you must keep the Word of God in your heart.

This is not going to a service or two. This is a life-style of feeding and thinking upon these truths in the morning, evening, day in and day out.

You are thinking about something all the time. God is saying think about what I said. Keep it in the midst of your heart.

Look for what you want to find. Stop looking for what you don't want to find. We're not getting ready for destruction. We're getting ready for departure.

There are many voices out in the world. Those voice are all saying something. Some of those voices are the devil. The Word of God is the only thing that you must listen to because so many of the voices are stealing, killing and destroying. You must believe the Lord's report.

Healing power from God that actually heals us can come out of the middle of us. This is because the Lord is in us. When we believe and keep His words in our hearts they will produce when we believe those words.

EVIL REPORT

Proverbs 4:24-27 Put away from you a deceitful mouth, And put perverse lips far from you. Let your eyes look straight ahead, And your eyelids look right before you. Ponder the path of your feet, And let all your ways be established. Do not turn to the right or the left; Remove your foot from evil. (NKJV)

Numbers 13:30-33 Then Caleb quieted the people before Moses, and said, “**Let us go up at once and take possession, for we are well able to overcome it.**” But the men who had gone up with him said, “We are not able to go up against the people, for they are stronger than we.” And they gave the children of Israel a bad report of the land which they had spied out, saying, “**The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature.** There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight.” (NKJV)

An evil report contradicts God's report. Did they let that evil report choke out what God had told them to do?

Even though you feel, hear or see something that is contrary to God's Word you can't talk it. You can't be strong in faith talking about the problem.

1 John 4:4 You are of God, little children, and have overcome them, because He who is in you is **greater than he who is in the world.** (NKJV)

Matthew 19:26 But Jesus looked at them and said to them, “With men this is impossible, **but with God all things are possible.**” (NKJV)

SOUND WORDS/VICTORY WORDS

Proverbs 14:30 A sound heart is life to the body, But envy is rottenness to the bones. (NKJV)

Proverbs 15:4 A wholesome tongue is a tree of life, But perverseness in it breaks the spirit. (NKJV)

Proverbs 16:24 Pleasant words are like a honeycomb, Sweetness to the soul and health to the bones. (NKJV)

Matthew 14:22-33 Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, **“It is a ghost!”** And they cried out for fear. But immediately Jesus spoke to them, saying, **“Be of good cheer! It is I; do not be afraid.”** And Peter answered Him and said, **“Lord, if it is You, command me to come to You on the water.”** So He said, **“Come.”** And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, **“Lord, save me!”** And immediately Jesus stretched out His hand and caught him, and said to him, **“O you of little faith, why did you doubt?”** And when they got into the boat, the wind

ceased. Then those who were in the boat came and worshiped Him, saying, “Truly You are the Son of God.” (NKJV)

It's very important that we listen to what the Lord tells us to do. Jesus told His disciples to get in the boat and go to the other side. Going to the other side is the Will of God. No matter what happens it is the Will of God to get to the other side.

We know that Peter believed what Jesus said because he acted on what he said by getting out of the boat. How did Peter see the wind? Can you look at Jesus and the wind at the same time? He let that word COME get out of his heart and took his eyes off Jesus and began to sink.

Jesus told him, “You didn't have to doubt”. The challenge is keeping your eyes on the Word of God. Can you afford to look at the wind? It will yell and scream in your ears and you need to say I am going forward and I am going to keep my eyes on the Word of God. You can't look at it. You can't talk about what you feel. You can't look to the left nor to the right.

There is something greater and more powerful than the symptoms. We are not denying the symptoms are there. We are putting our eyes on something that is greater. We are saying something that is greater. We are not talking about the problem or thinking about it.

We are talking about the Word of God and thinking upon the Word of God.